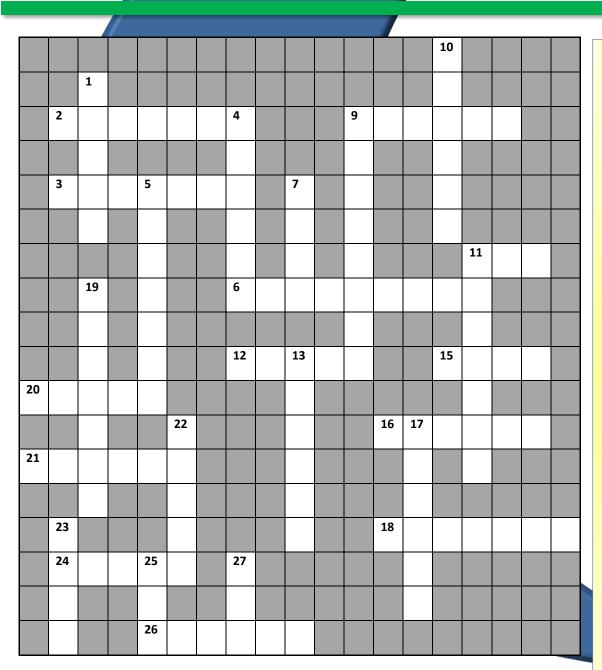
ack to school crossword



Unscramble the teacher's names to complete the crossword!

DOWN

- 1. Mr. B C E L A
- 4. Mrs. RUSDOT
- 5. Ms. FANTIYF
- 7. Uncle M D A A
- 8. Ms. Y C U N R E O T
- 10. Mrs. NRAKER
- 13. H L C A C O
- 14. Ms. SLSIMEA
- 17. Ms. HREACL
- 19. Ms. ONSHJNO
- 22. Ms. N Y N J E
- 23. Ms. B A B Y
- 25. Ms. O S L 27. Uncle I E L
- ACROSS
- 2. Mrs. KWHNSIA
- 3. Ms. HHETRAE
- 6. Ms. NIOQMDUEI
- 9. Mrs. RERHCY
- 11. R M B
- 12. Ms. C E B Y K
- 15. Ms. I F T F
- 16. Ms. R S K A T I
- 18. Mrs. KHCIINA

21. Uncle O R G E G E

- 20. Ms. D Y W N E
- 24. Uncle LBYIL

26. Ms. F H C S F I



Educating the whole child: Body, Mind and Spirit

It's a New School Year!

Welcome back to a new school year! We start the year with a new 2 year theme, focusing on 'Systems'. We'll explore how systems work in regards to our physical environments, our social relationships, and where we can find systems within our units of study.

The first unit of study our Elementary dasses will be working on are Pollinators (Kindergarten), Simple Machines (1/2), Hawaiian Studies (3/4) and Natural Resources (5/6).

This year is sure to bring new and interesting challenges for our young minds to explore and we can't wait to get started.





Ms. Krista's Korner

Keeping Traditions and Culture Alive





Ms. Johnson's 5/6 classroom has been studying under kumu visiting from Na Kalai Wa'a, the Makali'I Voyaging Family, preparing to make and teach others to make cordage in the traditional way of the Hawaiians. Na Kalai Wa'a is an education-based organization, and teaches the skills involved in non-instrument navigating and open-ocean voyaging. During the first visit, students were taught how to transform ulehala—the aerial root of the hala tree—into long, clean fibers to be used in making kaula, or cordage. The next visit was learning to make kaula from the ulehala fibers we prepared. Between these visits, we were lucky enough to tour the Mauloa while it was on our side of the island. The Mauloa is the sister wa'a of the Makali'i, and was the first wa'a made by hand with hand-crafted tools entirely in the traditions of ancient Polynesia.

Preparing ulehala is hard work. The roots are thick and need to be sawed from the tree. Roots are carefully selected for size, and they should come close to reaching the ground without touching. The most intense part of the process is the strike, which breaks the larger root up into it's smaller fibers by pounding it just right on the ground. The work is not easy. When the root has been split into fine strands that almost reach the top, it gets washed until the water runs clean. Once it is washed, the ibers are split further and it is hung to dry.







Making kaula takes a lot of careful attention to detail. Once the cleaned, dried fibers are ready to work with, and they are cut into small groups of strands. The strands are carefully rolled to form a piko, or a center to begin from. Then we begin the work of rolling the cordage a short length at a time using tension and our bodies as the guide. We made cordage in the size of apolima, or bracelets. They are finished with a knot, and carefully groomed to eliminate strays. After that, they are quickly passed through a flame for a final clean.

The most important part of our work is to be maiau—neat and careful as we go. We make sure no resources are wasted and pay close attention to what we are doing. Soon, after more practice, we will teach others how to make kaula and make 40 anana together as a school. One anana is the length from fingertip to fingertip with your arms completely outstretched. Our kaula will travel with the Makali'i to Moku Manamana and Nihoa, two of the Northwestern Hawaiian Islands, In our lifetime, we will probably not have the opportunity to visit these islands, but the kaula we make will make the journey there for us! Mahalo to our wonderful kumu and Na Kalai Wa'a!

Written By: Miss Tiff Rose Brown

Activity Page

The Kindergarten Class performed an amazing assembly on the different types of pollenating bugs, birds and animals, they are learning about in their unit on Pollinators this trimester. From the list below, find the hidden words of the different types of pollinators in this Pollinators Word Search activity.

Pollinators Word Search

The words can be horizontal, vertical, or diagonal.



L MG B P F H R O A O R O A I P N T E A K H U R A A U U L WA S P P A U M R R A A T U J M Q M W E L E E J L C O P J E O T A P D A N M J G R J R E L T K I N E E N W O M D G I H T R M R K H A W B I R D L F O R H L N U O H T A V A H E A F O R T N N E A T G N E I A P L O T O L S T A K B T P E M B R W I E I N L A Y G Q B E E T L E N A I L E R Z E U P O W U G Y I Z R I R T E R B M A Y A F L Y A H L O U N U N E O E D K R B R F K G R A O E W M A T T E N I N D E N N E N B U M B L E B E E L R F D B E A E P A G M R I T O W R P E I G U P



- 1.HUMINGBIRD
- 2. BUTTERFLY
- 3. BUMBLEBEE
- 4. HONEYBEE
- 5. BAT
- 6. WASP

- 7. BEETLE
- 8. MOTH
- 9. FLY
- 10. MONKEY
- 11. LIZARD
- 12. BIRD

Pancake BreakFast

Our start of the year Pancake Breakfast was postponed do the hurricanes that hit late August, but that didn't stop anyone from coming out to enjoy this yummy annual IPCS tradition. Parents, teachers, staff, students, and family friends throughout the community came for all-youcan-eat hotcakes, fruit, coffee, tea's and juices.

The Pancake Breakfast always provides our IPCS Ohana an opportunity to catch up with one another, share a meal, and have fun! It is a time-honored tradition our students enjoy as much as their families do, and is something that makes our community so wonderful to be a part of.

A HUGE MAHALO!!! To our very own Pancake Boss, Ms. Dominique for organizing and heading up the event again this year. We had an amazing turnout of volunteers of new and old families to IPCS. Mahalo to the De Young, Ayau, Silva, Pries, Yamasaki, Willcox, Leong, Lietz-Forster and Yamamoto families who volunteer every year for these events, and a WELCOME MAHALO to our new families who came out for the first time, the Walters, Person, Matsuzaki and Saville Ohanas. A special Mahalo to our loan of griddles from the Stroud and Harrigan Oahana's! We had an amazing turnout and couldn't have hosted the event without your volunteerism.

Do you love pancakes? Do you like coordinating events? Do you think you've got what it takes to be a Pancake Boss? If so, Ms. Dominique is hoping to pass the torch and crown a new Pancake Boss, at the end of this school year. If you think you might be interested in carrying on the tradition, we'd love to hear from you! Shoot the office an email and we'll send you more information about the position.







Healthy Fluffy Pumpkin Pancakes

- 1 Cup Flour (wholewheat/oat are good healthy alternatives).
- 2 Tbsp Sugar/sweetener
- 1 tsp Baking Powder
- 1tsp Baking Soda
- 1 1/2 tsp Vinegar
- 1 Egg (or flax egg)
- 1 Cup Milk/Almond Milk
- 1 Tbsp Coconut Oil
- 1 Cup Pumpkin Puree
- 1 tsp Cinnamon
- 1/4 tsp Nutmeg
- 1/8 tsp Ground Cloves
- 1/2 tsp All Spice

DIRECTIONS

- 1. Make the Pumpkin Puree if using homemade puree.
- 2. Then combine the pumpkin puree with all the other wet ingredients in one bowl.
- 3. Combine all the dry ingredients in a separate bowl.
- 4. Mix all the wet and dry ingredients together until well combined.
- 5. Fry in a pan with a little extra coconut oil or butter on low (be patient).
- 6. Top with a little butter and syrup/maple syrup or with salted caramel.



TEAM BUILDING

FRUIT LOOP







HULA HOOPS





WATER BALLOON TOSS





To build a culture of collaboration, risk-taking, trust and working together towards a common goal, we start the year with team building activities. The activities intentionally create opportunities for students to get to know each other across grade levels. We are expected to call each other by name, to take on a variety of roles in a group to solve a problem and to build an awareness that we're all in this together across classrooms, grade levels and ages. This year's team building activities included a pillowcase water balloon toss, building a patterned necklace with a communication system that did not allow for talking to get the task done, hula hoop challenges and working together as a team to move a ball through a holey sheet. The students had so much fun working together to solve the many problems presented in these games, getting to know each other by name and working shoulder-to-shoulder to achieve a common goal.





LITHS ATTOI

Seiko students performing for our IPCS Assembly

Our cultural exchange program with sister school Seiko Gakuen, from Tokushima Japan, came for their annual visit again this year and got to participate in our Spirit Week festivities. The program has cultivated a wonderful partnership between both the IPCS and Seiko schools; enriching both student bodies with unique and enriching experiences of daily life in each other's cultures. A group of IPCS students in grades 6 – 8 visited Japan this past summer, visiting the Seiko campus, staying with their very own host families and touring historical landmarks and towns around Tokushima. Students visiting from Japan got to experience the same during their visit shadowing their host families throughout the school day, touring parts of our beautiful island and participating in Halloween and Spirit Week fun.

The purpose of the exchange is to not only broaden the scope of cultural understanding for our students but enable them an opportunity to experience an authentic day in the life of students just like them, from an entirely different world than what they know. Hopefully what our students can take away from this experience is a sense of compassion for people, an appreciation for diversity and culture, and respect for one another.



















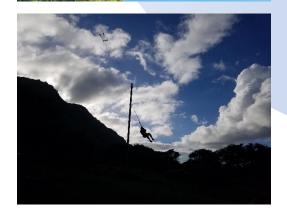
By definition, a "boss" is someone that is in charge of a worker or organization. We as a school are fortunate that we don't have just a mere "Boss", we have a genuine article, super woman, we call our fearless leader, Ms. Hiro. There are many day-to-day things that Ms. Hiro must do to help keep our school running. She has to complete special reports and grants to make sure we have funding, to keep our school going. She has to organize and oversee the many events, curriculum shares, projects and assemblies we have throughout our school year. She has to go to charter conferences, board meetings, school meetings, teacher meetings, student meetings... lots of meetings. She has to do yard duty, car pickup duty... she goes to every curriculum share, every assembly every school event, and on top of all of that, shops for school supplies, classroom equipment, aftercare snacks... never ending shopping. Phew! Her job duties are endless and we all wonder how she does it. But the most important duty Ms. Hiro has, that makes her so special and something she does so well, is that she cares deeply for all of us. The teachers, staff, students and families of IPCS are who she takes care of every day, and we are SOOOO very lucky that she is so amazing at her job.

We all love you so much Ms. Hiro, thank you for being such an incredible "Boss".









The 8th graders went on the annual trip to Camp Erdman in Mokuleia, O'ahu as part of their Legacies Trips curriculum. The program is operated through the YMCA and offers its participants hands-on, organized group activities, that keep students busy and challenged, while having a lot of fun! Student's participate in rope course challenges, harness swinging, beach exploration, survival challenges, obstacle course challenges, team building games, scavenger hunts, and much more.

The experience helps cement many of the bonds the students share as a class and encourages a sense comradery amongst the group as a whole. Many of the activities the program offers are designed to challenge every individual in different ways. For some, it could be a challenge to overcome certain fears; heights, walking a tight rope, counting on a friend to catch you in a trust fall. For others it could be a challenge of learning patience and compassion; helping a team mate get over a hurdle, showing support for someone else struggling with an activity, or just finding the patience necessary to complete a task.

One of the most refreshing aspects of the trip is that students are required to "unplug" from technology and let go of their handheld devices, pause their social media streams and abstain from Netflix marathons. With the lack of technology, the students are able to have an authentic camping experience, exploring nature, play games, not plugged into a wall, and hang out together in real time, not through "face time". These experiences during the trip help the students build team work and create a culture of care for one another. What will hopefully transpire throughout the remainder of the school year is that the students have a better appreciation for one another, that they'll continue to work together as a team, and that they'll have more compassion and understanding for each other; commemorating everything they learned in their last year together at Innovations.

Spirit Week & Halloween Rotations



HALLOWEEN ROTATIONS: Mystery Box Middle School Hide & Seek Monster Toes Halloween Bingo Monster Mouth Monster Mash Face Painting

SPIRIT WEEK: Mathletes VS Athletes ~ Food Day ~ Character/Game Day ~ Throw Back Thursday